



International Network of Networks for Well-being In the Built Environment (IN2WIBE)

The Inaugural Seminar/Panel

- ✓ Time: 11:00am to 12:00pm (CDT) on **April 29th, 2021**,
- ✓ Location: Virtual Zoom Meeting
- ✓ <https://tamu.zoom.us/j/91564919223?pwd=TFIiVWQyN091UHZOKzlydjhWQ0xMUT09>
- ✓ Topic: Instantiating Integrative Health into Building Design: A Construct for Well-being in the Built Environment
- ✓ Speaker: **ESTHER M. STERNBERG M.D.**

Internationally recognized design and health, mind-body science pioneer, Esther Sternberg M.D., is Research Director, Andrew Weil Center for Integrative Medicine, Founding Director, University of Arizona Institute on Place, Wellbeing & Performance, linking AWCIM, UArizona's Colleges of Medicine; Architecture, Planning and Landscape Architecture; Engineering; and Science; and Professor of Medicine and Psychology and Affiliate Professor, College of Architecture, Planning and Landscape Architecture, University of Arizona-Tucson. Formerly Senior Scientist and Section Chief, National Institutes of Health, and founding member, American Institute of Architects' Design and Health Leadership Group and Research Consortium, she advised the U.S. Surgeon General, General Services Administration, Department of Defense, U.S. Green Building Council, Australian Green Building Council, International WELL Building Institute's Task Force on COVID-19, and the Vatican on design and health. Her Wellbuilt for Wellbeing – GSA research is informing healthy design standards. She received the Federal Government's highest awards, was recognized by the National Library of Medicine as one of 339 women who "Changed the Face of Medicine," received an Honorary Doctorate in Medicine, Trinity College, Dublin, and served as member and Chair of NLM's Board of Regents. She received her M.D. from McGill University, Montreal, Canada, authored 235 scholarly articles, edited 10 technical books. Her best-selling *Healing Spaces: The Science of Place and Well-being* helped spark the design and health movement's re-birth, 21st century style.

- ✓ Organized by **NSF AccelNet project IN2WIBE** (<https://in2wibe.net>)

IN2WIBE connects and educates future building scholars on well-being in buildings while informing better building design, construction, operation, and use. This will be achieved through leveraging resources from 33 existing networks and partners in 5 continents (N. America, Africa, Europe, Australia, and Asia), comprising a total of 17 countries.

IN2WIBE provides an opportunity to unite disciplinarily, culturally, and geographically diverse networks around the world. Four objectives of IN2WIBE are to: 1) facilitate new forms of collaborations by integrating disciplines and networks in building and health fields; 2) engage networks at multiple stages and scales; 3) produce innovative human-centric building design and operation strategies that will benefit the larger community of scholars and practitioners; and 4) prepare a next generation of professionals with a diverse background.

Steering committee: Zheng O'Neill, Burçin Becerik-Gerber, Jin Wen, Simi Hoque, Teresa Wu, Giulia Pedrielli

Sponsored by National Science Foundation